



# Town of Bourne

## Recreation Department

### ADULT MULTI-SPORT SERIES: WIFFLEBALL PLAY GUIDELINES

#### Format:

- Teams will field 7 players, that may be rotated every inning.
- Batting line ups must be set before the game begins. The order should be staggered male, female when possible.
- Teams are formed nightly from whoever shows up.

#### Game Play:

- Games last about 1 hour.
- Standard wiffleball bat and ball are provided.
- Indoor rules apply (walls and ceiling are in play unless otherwise agreed upon).
- Teams switch sides after 3 outs.

#### Pitching & Batting:

- Pitching should be at a reasonable, recreational speed.
- A strike zone target (such as a backstop, mat, or taped box behind home plate) is used to call balls/strikes.
- 3 strikes = out.
- 4 balls = walk.
- Fouls with 2 strikes = strikeout (no unlimited fouls).

#### Scoring:

- Each run across home plate = 1 point.
- No stealing bases.
- Runners may tag up on caught fly balls.
- **Mercy Rule:** A maximum of **7 runs may be scored in one inning**. Once a team scores 7, the inning automatically ends.

#### Ending the Game:

- At the **1-hour mark**, whichever team is ahead wins.

Sneakers are mandatory to help prevent injury. Please keep sportsmanship first, it's all about fun!